GREECE: ORIGINS OF HUMANISTIC COUNSELING

June 12-23, 2022

DELPHI
OLYMPIA
HYDRA
Explore the origins of humanistic psychotherapy through an experiential exploration of the history and landscape of Greece.

- Explore the culture humanism originated
- Understand the unique environmental factors that promote a humanistic worldview
- Discuss the evolution of humanistic theory from its philosophical beginnings to its status as a leading theory in counseling and psychotherapy

Physical exploration, reading, reflecting, and on-site lectures

Opportunity to connect with a different culture and explore the interconnectedness of a global society

WHAT IS THIS COURSE ABOUT?
WHY GREECE

Ancient Greece is the culture in which humanistic ideas first systematically emerged and developed.

A whirlwind experience of history, landscape, cultural context, and political and social realities.

An opportunity for exploration and self-reflection in a unique setting.

Instructors have extensive experience with the country and living abroad and can guide students through a “native” experience.
WHO WILL BE LEADING THE CLASS?

Gerta Bardhoshi – Ph.D in Counselor Education
- Humanistic Counselor – Existential Therapy
- Native of Greece, created this course
- Local contacts and team

Dr. Barry Schreier – Ph.D in Counseling Psychology
- Director of the University Counseling Center
WHERE ARE WE GOING?

City of Athens
Excursion to Epidaurus
Excursion to Olympia
Excursion to the Oracle of Delphi
Island of Hydra
WHERE ARE WE GOING?

Chartered Bus
Metro
Walking
Boat
FIRST NIGHT IN ATHENS

Welcome Dinner
EXCURSIONS - EPIDAURUS
EXCURSIONS - OLYMPIA
EXCURSIONS
- DELPHI
- 2500 history, staying in Plaka, oldest and most popular district in Athens
- Monuments, great street experiences, flea markets, shopping, food, nightlife
Acropolis
Acropolis Museum
Agora
Plaka
Central Market
Lots of time for free exploration
THE ISLAND OF HYDRA
WHERE ARE WE STAYING
- HYDRA
THINGS TO DO IN HYDRA

- Lazaros Kountouriotis Mansion
- Free time to explore
Travel Dates: June 12 – June 23, 2022
- 5 nights in Athens, one night in Nafplio, one night in Olympia, and 3 nights in Hydra
- Shared hotel rooms (twin)
- Welcome and Farewell dinners
- Private guided tours
- Pre-departure meeting
- Course materials will be on ICON

Application Deadline: February 11, 2022
Questions?
Approximately $4143 includes
- Tuition for a graduate three-credit course
- Lodging
- Breakfast daily, and some lunch & dinners
- On-site transportation by chartered bus/ ferry tickets/metro passes
- On-site, local support staff
- Guided visits to all cultural attractions
- Entrance fees to museums/ancient sites
- Comprehensive international insurance

Please note that students are responsible for their own airline ticket

Scholarships for College of Ed and Undergraduate students based on need